



**Team Fort Lauderdale**  
**Elite Force Martial Arts**  
**1425 E. Commercial Blvd**  
**Oakland Park, FL. 33334**

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**Www.eliteforcema.com**

<b>Class</b>	<b>MONDAY (A)</b>	<b>TUESDAY (A)</b>	<b>WEDNESDAY(B)</b>	<b>THURSDAY(B)</b>	<b>FRIDAY(A)</b>	<b>SATURDAY(B)</b>
<b>HOURS</b>	<b>9AM-11AM</b> <b>2PM-9PM</b>	<b>3PM-9PM</b>	<b>9AM-11AM</b> <b>2PM-9PM</b>	<b>2PM-9PM</b>	<b>2PM-9PM</b>	<b>9AM-12:30PM</b>

**JUNIOR CLASSES**

<b>Elite Dragons</b> <b>3 1/2-6yrs.</b>	<b>4:15PM-5:00PM</b>	<b>5:45PM-6:30PM</b>	<b>4:15PM-5:00PM</b>	<b>5:45PM-6:30PM</b>	<b>4:00PM-4:45PM</b>	<b>9:00AM-9:45AM</b>
<b>Junior Basic</b> <b>White/yellow/ orange</b>	<b>7:00PM-7:45PM</b>	<b>3:15PM-4:00PM</b> <b>5:00PM-5:45PM</b>	<b>7:00PM-7:45PM</b>	<b>3:15PM-4:00PM</b> <b>5:00PM-5:45PM</b>	<b>4:45PM-5:30PM</b> <b>White to Green</b>	<b>9:45AM-10:45AM</b>
<b>Junior</b> <b>Advanced</b> <b>Purple thru</b> <b>Black</b>	<b>6:00PM-7:00PM</b>	<b>4:00PM-5:00PM</b>	<b>6:00PM-7:00PM</b>	<b>4:00PM-5:00PM</b> <b>6:30PM-7:30PM</b>	<b>4:45PM-5:30PM</b> <b>Purple/Green</b> <b>5:30pm-6:30pm</b> <b>Brown &amp; up</b>	<b>9:45AM-10:45AM</b>
<b>Candidate Class</b>		<b>6:30PM-7:30PM</b>				
<b>Birthday Parties</b>						<b>2:00PM-3:30PM</b>

**ADULTS**

<b>All Rank Adults</b>	<b>9:00AM-10:00AM</b> <b>Purple &amp; Up</b> <b>5:00PM-6:00PM</b> <b>7:45PM-8:45PM</b>	<b>7:30PM-8:30PM</b>	<b>9:00AM-10:00AM</b> <b>5:00PM-6:00PM</b> <b>7:45PM-8:45PM</b>	<b>7:30PM-8:30PM</b>	<b>6:30PM-7:30PM</b> <b>All Ranks</b> <b>6:30PM-7:30PM</b> <b>Blackbelt Only</b>	<b>9:00AM-10:00AM</b>
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