



# CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 - 10:15						Kids Beg - Adv Karate ( All Ranks)
10:30 - 11:15						Tournament Class
11:30 - 12:15						Jr. Black Belt Class
12:30 - 1:15						Lil'Warriors
1:30 - 2:15						
2:30 - 3:30						
3:00 - 3:30	Starter Class/ Private Lesson	Starter Class/ Private Lesson	Starter Class/ Private Lesson	Starter Class/ Private Lesson	Starter Class/ Private Lesson	
3:30 - 4:00	Lil'Warriors	Starter Class/ Private Lesson	Lil'Warriors	Starter Class/ Private Lesson	Starter Class/ Private Lesson	
4:15 - 5:00	Kids Beg. Karate	Kids Int/Adv Karate	Kids Beg. Karate	Kids Int/Adv Karate	Kids Beg - Adv Karate ( All Ranks)	
5:15 - 6:00	Kids Int/Adv Karate	Kids Beg. Karate	Kids Int/Adv Karate	Kids Beg. Karate	S.W.A.T. Class	
6:15 - 6:45	Starter Class/ Private Lesson	Lil'Warriors	Starter Class/ Private Lesson	Lil'Warriors	Starter Class/ Private Lesson	
7:00 - 8:00	Teen/Adult Karate	Teen/Adult Karate	Teen/Adult Karate	Teen/Adult Karate		
8:15 - 9:00	Fitness Kick-boxing	Fitness Kick-boxing	Fitness Kick-boxing	Fitness Kick-boxing		

Introductory - Ages 4 - 12  
 Lil' Warriors - Ages 4 - 6  
 Kids Beg Karate - Ages 7 - 12  
 Kids Int/Adv Karate - Ages 7 -12  
 Teen/Adult Karate - Ages 13 & Up  
 Fitness Kickboxing - Ages 13 & Up  
 Tournament - Ages 5 & Up

### School Hours

Monday - Thursday: 3:00pm - 9:00pm  
 Friday: 3:00pm - 7:00pm  
 Saturday: 9am - 4pm  
 Sunday: Closed

**\*Class Schedule Subject to change.**

### Closed Holidays:

New Years Eve/New Years Day  
 Memorial Day  
 4th of July  
 Labor Day  
 Thanksgiving Day  
 Christmas Eve/ Christmas Day