

FEBRUARY 2017

Friends & Family



Who doesn't like fun activities and free items?

February is the last month for our friends and family special! Bring in a friend or family to try a class. If they sign up, they will receive a discount. In return, you will get a free EMA sparring bag.

Belt Test

The upcoming belt test is on February 4th at 11:30am. Make sure to come in and get your last few stripes. Sign up for private classes if you need help for any techniques.

Open



We will be not be closed for President's day on February 20th, 2017. Come in and work out!



Happy Valentine's Day!

Don't we all love free stuff?! In addition to our friends & family deal, we have our Valentine's Day Card deal. Give the cards (pictured above) to your friends allowing them to receive a one-month free trial, in return for their participation, and you will receive \$5. This is valid for as many friends as you bring in!

Pick up the card at the front desk.

