







420 N. Main Street ● Suite 300 ● 734.846.1914 ● <https://ChelseaATA.com>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:45 – 5:15 ATA Tigers In-Person Class		4:45 – 5:15 ATA Tigers In-Person Class	4:30 – 5:00 ATA Tigers Virtual Class		
	5:15 – 5:30 Cleaning		5:15 – 5:30 Cleaning	5:00 – 5:15 Cleaning		
	5:30 – 6:00 Beginners (White – Yellow) In-Person Class		5:30 – 6:00 Beginners (White – Yellow) In-Person Class	5:15 – 5:45 White – Black Virtual Class		
	6:00 – 6:15 Cleaning		6:00 – 6:15 Cleaning			
	6:15 – 6:45 pm Advanced (Camo – Black) In-Person Class		6:15 – 6:45 pm Advanced (Camo – Black) In-Person Class			
	6:45 – 7:00 Cleaning		6:45 – 7:00 Cleaning			
	7:00 – 7:30 Leadership In-Person Class		7:00 – 7:30 Legacy Virtual Class			
	7:30 – 7:45 Cleaning		7:30 – 7:45 Cleaning			
	7:45 – 8:15 Adult Beginners In-Person Class		7:45 – 8:15 Adult Beginners In-Person Class			

-  ATA Tigers
-  Black Belt Club & Above
-  Leadership Only
-  Legacy Only

Please Note:

- Face Masks and COVID-19 Waivers required
- COVID-19 Self Health-Check Required
- Space limited, Calendly reservation required
- Schedule effective upon issuance of executive order allowing gyms to re-open